

PRACTICAL TIPS FOR A PRAYER LIFE

Everyone engages with the Lord in different ways, which may or may not include having a plan for how you will spend your time in the prayer. These are practical suggestions that may be used to help focus your time while praying.

- Develop a Bible study action plan and follow it. This may include studying a specific
- topic such as the love of God or justice, or a specific book of the Bible.
- Use one of the prayer guides: New Testament Prayers, Intercessory Prayers, The Lord's Prayer, etc.
- Meditate on a particular scripture passage.
- Write down your prayers, revelations, or thoughts about God.
- Read scripture out loud.
- Meditate on Sunday Teaching Notes.
- Engage through singing with the worship played in the auditorium.
- Engage in spontaneous singing by singing in the Spirit or singing directly from the Bible.
- Posture yourself in a position that helps you focus, such as standing, pacing, kneeling, etc.
- Turn off technology if it becomes a distraction. Paper back bibles are in each seat in the auditorium.